

Hoofdklasse competitie deel 4
Veenendaal, 23/3/2019

Programmanr. 1
23/03/2019 - 14:00

Heren, 200m vlinderslag

Senioren Open
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|---------------------------|-----------------------------|-----------|-----------|----------------|-------|---------|------|---------|
| 1. Thomas Jansen | WVZ 1 | 2:03.97 | 200100143 | 2:02.14 | 27.51 | 59.14 | | 2:02.14 |
| 2. Jonne Schaafsma | The Hague Swimming | (2:12.22 | 199800745 | 2:07.94 | 28.58 | 1:01.67 | | 2:07.94 |
| 3. Freek Hollander | The Hague Swimming | (2:11.11 | 200103815 | 2:08.68 | 28.77 | 1:00.93 | | 2:08.68 |
| 4. Brent Günther | VZC | 2:12.65 | 200000447 | 2:11.47 | 29.67 | 1:03.01 | | 2:11.47 |
| 5. J. de Roy van Zuydewij | WVZ 1 | 2:36.71 | 200000255 | 2:14.54 | 29.51 | 1:03.80 | | 2:14.54 |
| 6. Brandon van den Berg | The Hague Swimming | (2:16.44 | 200200669 | 2:17.73 | 29.13 | 1:03.73 | | 2:17.73 |
| 7. Jelle Nap | VZC | 2:44.64 | 199502875 | 2:18.22 | 29.45 | 1:03.01 | | 2:18.22 |
| 8. Nordin Termoshuizen | WVZ 1 | 2:19.38 | 199605401 | 2:20.32 | 30.51 | 1:06.09 | | 2:20.32 |
| 9. Jeroen Burggraaf | VZC | 2:32.18 | 199000467 | 2:30.34 | 32.47 | 1:10.42 | | 2:30.34 |
| AFGEM Noah Legerstee | WVZ 1 | 2:17.75 | 200003593 | | | | | |
| AFGEM J. Vlasopoulos | The Hague Swimming (SG) 'NT | 199905313 | | | | | | |

Programmanr. 2
23/03/2019 - 14:05

Dames, 200m wisselslag

Senioren Open
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|-------------------------|-----------------------------|-----------|-----------|----------------|-------|------|------|---------|
| 1. Silke Molendijk | VZC | 2:20.68 | 200100178 | 2:20.30 | 29.10 | | | 2:20.30 |
| 2. Rosey Metz | WVZ 1 | 2:21.39 | 200101786 | 2:21.13 | 30.97 | | | 2:21.13 |
| 3. Inge Vieveen | WVZ 1 | 2:20.41 | 200100024 | 2:21.55 | 30.95 | | | 2:21.55 |
| 4. Femke Spiering | VZC | 2:17.72 | 200204514 | 2:23.23 | 30.26 | | | 2:23.23 |
| 5. Elinore de Jong | The Hague Swimming | (2:24.50 | 198902072 | 2:29.51 | 29.60 | | | 2:29.51 |
| 6. Rinske Bouman | The Hague Swimming | (2:30.35 | 200400578 | 2:29.68 | 31.25 | | | 2:29.68 |
| 7. Ilse Rijnja | The Hague Swimming | (2:31.12 | 199802432 | 2:31.45 | 33.92 | | | 2:31.45 |
| 8. Babet Kruger | VZC | 2:34.23 | 200003390 | 2:34.60 | 32.42 | | | 2:34.60 |
| 9. Grace Anderson | WVZ 1 | 2:28.98 | 200200578 | 2:35.65 | 33.81 | | | 2:35.65 |
| 10. Lisanne Seising | VZC | 2:35.26 | 200002084 | 2:38.09 | 33.95 | | | 2:38.09 |
| 11. Eleonara Zeronian | The Hague Swimming (SG) 'NT | 200206228 | | 2:39.05 | 30.96 | | | 2:39.05 |
| 12. Mara Tims | The Hague Swimming | (2:40.15 | 200601136 | 2:39.54 | 33.86 | | | 2:39.54 |
| 13. Amber van de Kraats | VZC | 2:39.44 | 199900236 | 2:40.22 | 34.01 | | | 2:40.22 |
| DIS Aniek van de Weerd | VZC | 2:30.56 | 200404136 | | | | | |

SP - Eén of meerdere vlienderbeenslagen gemaakt na de eerste schoolslagbeenslag.

Programmanr. 3
23/03/2019 - 14:15

Jongens, 200m rugslag

Jeugd 2 en later
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|-------------------------|--------------------|----------|-----------|----------------|-------|---------|------|---------|
| 1. Lars Verhalle | VZC | 2:13.47 | 200200019 | 2:06.01 | 29.55 | 1:01.42 | | 2:06.01 |
| 2. Max Visser | WVZ 1 | 2:11.31 | 200100077 | 2:09.23 | 30.51 | 1:03.76 | | 2:09.23 |
| 3. Quinn van den Heuvel | WVZ 1 | 2:12.60 | 200100297 | 2:09.49 | 29.82 | 1:02.51 | | 2:09.49 |
| 4. Keanu Streefland | The Hague Swimming | (2:11.76 | 200302445 | 2:10.77 | 30.49 | 1:03.78 | | 2:10.77 |
| 5. Daen Spoor | VZC | 2:16.64 | 200101117 | 2:11.55 | 30.12 | 1:03.67 | | 2:11.55 |
| 6. Floris de Leeuw | The Hague Swimming | (2:18.32 | 200105317 | 2:13.16 | 31.73 | 1:05.42 | | 2:13.16 |
| 7. Jay de Vries | The Hague Swimming | (2:16.40 | 200400669 | 2:14.10 | 30.95 | 1:04.92 | | 2:14.10 |
| 8. Scott Jansen | WVZ 1 | 2:22.39 | 200202455 | 2:15.65 | 32.35 | 1:07.35 | | 2:15.65 |
| 9. Dylano Termoshuizen | WVZ 1 | 2:18.55 | 200202169 | 2:19.21 | 32.01 | 1:06.88 | | 2:19.21 |

Programmanr. 5
23/03/2019 - 14:20

Dames, 100m vrije slag

Senioren 2 en later
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m |
|-----------|------------|--------|------|----|-----|------|
|-----------|------------|--------|------|----|-----|------|

Hoofdklasse competitie deel 4
Veenendaal, 23/3/2019

Programmanr. 5, Dames, 100m vrije slag

| rang | naam | vereniging | 100m | intijd | 200m | 300m | 400m | 500m | 600m |
|------|------------------------|-------------------------|---------|-----------|----------------|------|-------|------|---------|
| 1. | Lynn Blommers | The Hague Swimming (SG) | 157.38 | 200105062 | 57.89 | | 27.57 | | 57.89 |
| 2. | Sophie de Jonge | WVZ 1 | 58.77 | 200200118 | 58.44 | | 28.03 | | 58.44 |
| 3. | Gaia Sterre Mirotti | VZC | 58.07 | 200305158 | 58.73 | | 28.12 | | 58.73 |
| 4. | Marlinde Beukers | WVZ 1 | 59.64 | 200101934 | 59.14 | | 28.42 | | 59.14 |
| 5. | Eelke van Ballegooijen | VZC | 1:01.84 | 200100684 | 1:02.12 | FJ 1 | 29.74 | | 1:02.12 |
| 6. | Jip Veeman | The Hague Swimming (SG) | 1:02.19 | 200106100 | 1:02.12 | FJ 2 | 29.14 | | 1:02.12 |
| 7. | Lotus van Geemen | VZC | 1:03.15 | 200201124 | 1:03.23 | | 30.45 | | 1:03.23 |
| 8. | Megan Jonkman | The Hague Swimming (SG) | 1:08.36 | 200600508 | 1:04.54 | | 30.73 | | 1:04.54 |
| 9. | Catharina Chulick | WVZ 1 | 1:03.75 | 200106304 | 1:04.64 | | 30.91 | | 1:04.64 |
| 10. | Feija de Bruin | WVZ 1 | 1:09.55 | 200400106 | 1:10.39 | | 33.53 | | 1:10.39 |
| 11. | Leonie Verkerk | VZC | 1:12.17 | 200203280 | 1:13.43 | | 34.90 | | 1:13.43 |

Programmanr. 7
23/03/2019 - 14:25

Jongens, 400m vrije slag

Junioren 2 en later
Resultaten

| rang | naam | vereniging | 100m | 150m | 200m | intijd | 250m | 300m | tijd | RT |
|------|------------------------|---------------------------|-------|-------------|---------------|---------|-------------|---------------|----------------|----|
| 1. | Yanieck Frijstein | The Hague Swimming (SG) 1 | 30.14 | 30.14 | 2:10.31 | 4:30.21 | 200500329 | | 4:23.47 | |
| | 50m: 30.14 | | 30.14 | 150m: 33.09 | 200m: 2:10.31 | | 250m: 300m: | 350m: 4:23.47 | | |
| 2. | Gabriel Been | The Hague Swimming (SG) 1 | 29.64 | 29.64 | 2:10.45 | 4:29.58 | 200501467 | | 4:28.98 | |
| | 50m: 29.64 | | 29.64 | 150m: 33.19 | 200m: 2:10.45 | | 250m: 300m: | 350m: 4:28.98 | | |
| 3. | Émile Fouzaï | The Hague Swimming (SG) 1 | 30.98 | 30.98 | 2:15.70 | 4:40.21 | 200500263 | | 4:35.00 | |
| | 50m: 30.98 | | 30.98 | 150m: 34.22 | 200m: 2:15.70 | | 250m: 300m: | 350m: 4:35.00 | | |
| 4. | Daan Sonneveld | WVZ 1 | 32.93 | 32.93 | 2:21.38 | 4:55.41 | 200601085 | | 4:43.54 | |
| | 50m: 32.93 | | 32.93 | 150m: 35.66 | 200m: 2:21.38 | | 250m: 300m: | 350m: 4:43.54 | | |
| 5. | River Streefland | The Hague Swimming (SG) 1 | 31.67 | 31.67 | 2:20.45 | 4:57.59 | 200502253 | | 4:45.70 | |
| | 50m: 31.67 | | 31.67 | 150m: 35.35 | 200m: 2:20.45 | | 250m: 300m: | 350m: 4:45.70 | | |
| 6. | Lasse Schrieken | VZC | 33.03 | 33.03 | 2:27.36 | 5:12.24 | 200503145 | | 4:59.32 | |
| | 50m: 33.03 | | 33.03 | 150m: 37.25 | 200m: 2:27.36 | | 250m: 300m: | 350m: 4:59.32 | | |
| 7. | Peer Bergman | VZC | 34.86 | 34.86 | 2:34.89 | 5:52.81 | 200503223 | | 5:11.67 | |
| | 50m: 34.86 | | 34.86 | 150m: 39.32 | 200m: 2:34.89 | | 250m: 300m: | 350m: 5:11.67 | | |
| 8. | Sjoerd van der Wilt | VZC | 32.45 | 32.45 | 2:28.89 | NT | 200501447 | | 5:12.07 | |
| | 50m: 32.45 | | 32.45 | 150m: 37.19 | 200m: 2:28.89 | | 250m: 300m: | 350m: 5:12.07 | | |
| 9. | Niek Issard | VZC | 33.74 | 33.74 | 2:33.87 | 5:21.97 | 200700037 | | 5:18.52 | |
| | 50m: 33.74 | | 33.74 | 150m: 38.89 | 200m: 2:33.87 | | 250m: 300m: | 350m: 5:18.52 | | |
| 10. | Floris Wassenaar | WVZ 1 | 34.96 | 34.96 | 2:36.92 | 5:25.58 | 200600649 | | 5:21.30 | |
| | 50m: 34.96 | | 34.96 | 150m: 39.42 | 200m: 2:36.92 | | 250m: 300m: | 350m: 5:21.30 | | |
| 11. | Tim Seising | VZC | 35.83 | 35.83 | 2:40.56 | 5:36.73 | 200500107 | | 5:26.57 | |
| | 50m: 35.83 | | 35.83 | 150m: 40.68 | 200m: 2:40.56 | | 250m: 300m: | 350m: 5:26.57 | | |
| 12. | Diesel Schaafsma | VZC | 36.20 | 36.20 | 2:41.00 | 5:26.39 | 200600431 | | 5:27.10 | |
| | 50m: 36.20 | | 36.20 | 150m: 40.69 | 200m: 2:41.00 | | 250m: 300m: | 350m: 5:27.10 | | |
| 13. | Merlijn van der Hoeven | WVZ 1 | 36.46 | 36.46 | 2:44.13 | 5:28.79 | 200600951 | | 5:33.54 | |
| | 50m: 36.46 | | 36.46 | 150m: 41.72 | 200m: 2:44.13 | | 250m: 300m: | 350m: 5:33.54 | | |

Hoofdklasse competitie deel 4
Veenendaal, 23/3/2019

Programmanr. 9
23/03/2019 - 14:35

Meisjes, 100m schoolslag

Junioren 3 en later
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|----------------------|-------------------------|---------|-----------|----------------|-------|---------|
| 1. | Elydjah van der Heul | The Hague Swimming (SG) | 1:16.36 | 200602180 | 1:13.63 | 35.36 | 1:13.63 |
| 2. | Bridget Vermeer | VZC | 1:15.41 | 200501766 | 1:14.51 | 34.73 | 1:14.51 |
| 3. | Jelsie van Ruijven | WVZ 1 | 1:19.60 | 200500282 | 1:16.55 | 36.04 | 1:16.55 |
| 4. | Merel Schravendijk | The Hague Swimming (SG) | 1:22.66 | 200503382 | 1:19.93 | 38.06 | 1:19.93 |
| 5. | Evica Klok | VZC | 1:25.51 | 200501828 | 1:22.99 | 38.82 | 1:22.99 |
| 6. | Anique Hazebroek | The Hague Swimming (SG) | 1:26.95 | 200502196 | 1:24.19 | 39.30 | 1:24.19 |
| 7. | Ananda van der Wiel | WVZ 1 | 1:22.94 | 200701562 | 1:24.29 | 39.92 | 1:24.29 |
| 8. | Femke Kats | VZC | 1:30.40 | 200600646 | 1:28.06 | 41.41 | 1:28.06 |
| 9. | Noa Ottens | VZC | 1:31.12 | 200702256 | 1:29.55 | 41.68 | 1:29.55 |
| 10. | Manon Kooij | VZC | 1:31.42 | 200602142 | 1:30.73 | 42.97 | 1:30.73 |
| 11. | Jade van der Maas | WVZ 1 | 1:30.81 | 200600408 | 1:30.80 | 42.67 | 1:30.80 |
| 12. | Robin Vermeer | VZC | 1:35.20 | 200701292 | 1:35.74 | 45.11 | 1:35.74 |
| 13. | Fleur Kamminga | WVZ 1 | 1:39.75 | 200701838 | 1:36.16 | 45.17 | 1:36.16 |
| 14. | Charlotte Plomp | VZC | 1:41.57 | 200701752 | 1:36.98 | 46.64 | 1:36.98 |
| 15. | Iris Spitter | WVZ 1 | 1:33.51 | 200500278 | 1:38.08 | 45.30 | 1:38.08 |
| 16. | Rebecca van Lier | VZC | 1:38.06 | 200602612 | 1:39.44 | 46.15 | 1:39.44 |
| 17. | Josephine Opdam | VZC | 1:47.44 | 200602144 | 1:43.04 | 48.01 | 1:43.04 |
| 18. | Vera van der Meer | VZC | 1:48.39 | 200701508 | 1:46.77 | 50.93 | 1:46.77 |

Programmanr. 11
23/03/2019 - 14:45

Heren, 100m rugslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|-------|-------------------|-------------------------|---------|-----------|----------------|-------|---------|
| 1. | Jeroen Baars | The Hague Swimming (SG) | 1:57.87 | 199200031 | 57.82 | 27.73 | 57.82 |
| 2. | Bjorn Scherbeijn | The Hague Swimming (SG) | 1:57.35 | 199600349 | 59.20 | 28.57 | 59.20 |
| 3. | J. Vlasopoulos | The Hague Swimming (SG) | 1:58.48 | 199905313 | 59.76 | 29.24 | 59.76 |
| 4. | Klaas Arkesteijn | WVZ 1 | 59.66 | 199901897 | 1:00.21 | 29.14 | 1:00.21 |
| 5. | Olaf Achterberg | VZC | 1:02.47 | 199000011 | 1:02.44 | 30.35 | 1:02.44 |
| 6. | Timo van der Ende | WVZ 1 | 1:04.39 | 199601979 | 1:02.64 | 30.29 | 1:02.64 |
| 7. | Brent Günther | VZC | 1:04.30 | 200000447 | 1:03.98 | 30.63 | 1:03.98 |
| 8. | Jasper Breugem | WVZ 1 | 1:02.55 | 200000303 | 1:04.18 | 31.17 | 1:04.18 |
| 9. | Jordy van Oel | WVZ 1 | 1:04.73 | 199802003 | 1:05.99 | 31.41 | 1:05.99 |
| 10. | Joeri Scheidt | VZC | 1:06.37 | 199102011 | 1:07.12 | 32.17 | 1:07.12 |
| 11. | Jeroen Burggraaf | VZC | 1:12.16 | 199000467 | 1:10.88 | 34.56 | 1:10.88 |
| AFGEM | Dave Jansen | WVZ 1 | 1:00.46 | 199805299 | | | |

Programmanr. 13
23/03/2019 - 14:45

Dames, 50m vrije slag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|-------|-----------------------|---------------------------|--------|-----------|-------------------|
| 1. | Eleonara Zeronian | The Hague Swimming (SG) 1 | NT | 200206228 | 26.61 |
| 2. | Rosey Metz | WVZ 1 | 29.55 | 200101786 | 27.05 |
| | Femke Spiering | VZC | 25.94 | 200204514 | 27.05 |
| 4. | Leonie van Noort | WVZ 1 | 28.06 | 199301752 | 27.07 |
| 5. | Silke Molendijk | VZC | 28.10 | 200100178 | 27.09 |
| 6. | Babette van der Kaaij | The Hague Swimming (SG) 1 | 27.62 | 199902234 | 27.58 |
| 7. | Elinore de Jong | The Hague Swimming (SG) 1 | 25.15 | 198902072 | 27.98 |
| 8. | Ilse Rijnja | The Hague Swimming (SG) 1 | 28.20 | 199802432 | 28.81 |
| 9. | Rinske Bouman | The Hague Swimming (SG) 1 | 28.81 | 200400578 | 28.87 FJ 1 |
| 10. | Lauren van IJll | WVZ 1 | 28.36 | 200001064 | 28.87 FJ 2 |
| 11. | Babet Kruger | VZC | 28.14 | 200003390 | 29.06 |
| 12. | Amber van de Kraats | VZC | 29.55 | 199900236 | 29.68 |
| 13. | Lisanne Seising | VZC | 29.70 | 200002084 | 30.45 |
| AFGEM | Saskia de Jonge | VZC | 26.95 | 198601826 | |

Hoofdklasse competitie deel 4
Veenendaal, 23/3/2019

Programmanr. 15
23/03/2019 - 14:50

Jongens, 100m vrije slag

Minioren 6 en later
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|-------|----------------------|------------|---------|-----------|----------------|-------|---------|
| 1. | Niek Issard | VZC | 1:07.80 | 200700037 | 1:07.70 | 32.07 | 1:07.70 |
| 2. | Obed Molenaar | VZC | 1:18.98 | 200800823 | 1:16.39 | 35.76 | 1:16.39 |
| 3. | Rijk Leenders | VZC | 1:23.49 | 200800627 | 1:18.40 | 38.08 | 1:18.40 |
| 4. | Pelle Schrieken | VZC | 1:31.52 | 200801595 | 1:27.58 | 42.81 | 1:27.58 |
| 5. | Bas Mostert | VZC | 1:33.59 | 200800629 | 1:28.66 | 44.20 | 1:28.66 |
| 6. | Stefan van der Meer | VZC | 1:36.25 | 200901361 | 1:34.02 | 44.54 | 1:34.02 |
| 7. | David Lammers | VZC | 1:32.51 | 200900109 | 1:35.32 | 42.73 | 1:35.32 |
| 8. | Benjamin Crljenkovic | VZC | NT | 200900393 | 1:47.35 | 48.73 | 1:47.35 |
| AFGEM | Bart Stuivenberg | VZC | 1:44.36 | 200801051 | | | |

Programmanr. 16
23/03/2019 - 14:55

Meisjes, 50m vlinderslag

Junioren 1 en later
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|----------------|------------|--------|-----------|--------------|
| 1. | Elin Ditewig | VZC | 38.55 | 200900392 | 38.67 |
| 2. | Maud Smit | VZC | 54.83 | 200800788 | 50.04 |
| 3. | Lia Schrauwers | VZC | NT | 200802890 | 58.45 |

Programmanr. 18
23/03/2019 - 14:55

Jongens, 100m rugslag

Junioren 4 en later
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|-------------------|-------------------------|---------|-----------|----------------|-------|---------|
| 1. | Michael Smink | The Hague Swimming (SG) | 1:03.41 | 200302169 | 1:01.27 | 30.08 | 1:01.27 |
| 2. | Timo Kock | The Hague Swimming (SG) | 1:04.97 | 200400387 | 1:03.41 | 30.54 | 1:03.41 |
| 3. | Zev Bulk | The Hague Swimming (SG) | 1:05.71 | 200304021 | 1:03.90 | 31.32 | 1:03.90 |
| 4. | Bram Schaafsma | VZC | 1:03.13 | 200302159 | 1:04.16 | 31.00 | 1:04.16 |
| 5. | Pepijn van Egmond | WVZ 1 | 1:07.20 | 200402309 | 1:07.54 | 32.58 | 1:07.54 |
| 6. | Sam van der Drift | VZC | 1:10.13 | 200301485 | 1:11.57 | | 1:11.57 |
| 7. | Milan Hamel | The Hague Swimming (SG) | 1:08.00 | 200302125 | 1:11.76 | 34.87 | 1:11.76 |
| 8. | Anthony Kraag | WVZ 1 | 1:15.39 | 200401973 | 1:14.36 | 36.31 | 1:14.36 |

Programmanr. 20
23/03/2019 - 15:00

Meisjes, 200m schoolslag

Jeugd 2 en later
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|-------|----------------------|--------------------|----------|-----------|----------------|-------|---------|------|---------|
| 1. | Josse Bergman | VZC | 2:45.73 | 200305146 | 2:39.92 | 35.29 | 1:16.20 | | 2:39.92 |
| 2. | Niké Telkamp | The Hague Swimming | (2:48.53 | 200501088 | 2:44.26 | 36.51 | 1:18.00 | | 2:44.26 |
| 3. | Leonoor van Dijk | The Hague Swimming | (2:58.71 | 200400832 | 2:44.26 | 36.47 | 1:18.50 | | 2:44.26 |
| 4. | Irma van der Wulp | WVZ 1 | 2:50.81 | 200401950 | 2:48.55 | 38.43 | 1:22.04 | | 2:48.55 |
| 5. | Kirsten Verhale | VZC | 2:44.09 | 200400210 | 2:48.55 | 37.57 | 1:20.27 | | 2:48.55 |
| 6. | Femke Hoppenbrouwer | The Hague Swimming | (2:55.15 | 200301124 | 2:55.10 | 37.81 | 1:22.22 | | 2:55.10 |
| 7. | Eline van der Meer | VZC | 2:59.70 | 200405014 | 2:55.55 | 39.53 | 1:23.76 | | 2:55.55 |
| 8. | Anne-Fleur Opdam | VZC | 2:59.39 | 200301612 | 2:55.76 | 39.48 | 1:24.57 | | 2:55.76 |
| 9. | Melanie Marinus-Cruz | WVZ 1 | 3:05.77 | 200404702 | 3:09.81 | 42.34 | 1:30.06 | | 3:09.81 |
| 10. | Kelly Patricia | VZC | 3:02.54 | 200402818 | 3:10.39 | 42.63 | 1:30.66 | | 3:10.39 |
| AFGEM | Jade Geurts | WVZ 1 | 2:46.41 | 200402278 | | | | | |
| | BM Maaïke Issard | VZC | 2:39.92 | 200300022 | 2:41.45 | 36.08 | 1:16.54 | | 2:41.45 |
| | BM Tess Panjer | VZC | 3:13.82 | 200403060 | 3:12.23 | 43.23 | 1:32.51 | | 3:12.23 |

Hoofdklasse competitie deel 4
Veenendaal, 23/3/2019

Programmanr. 22
23/03/2019 - 15:05

Heren, 50m vrije slag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|-------|----------------------------|---------------------------|--------|-----------|-------------------|
| 1. | Thomas Verhoeven | The Hague Swimming (SG) 1 | 22.30 | 199700311 | 22.43 |
| 2. | Jeroen Baars | The Hague Swimming (SG) 1 | 22.21 | 199200031 | 22.80 |
| 3. | Sean Niewold | WVZ 1 | 23.28 | 200204699 | 23.45 |
| 4. | Brandon van den Berg | The Hague Swimming (SG) 1 | 23.73 | 200200669 | 23.61 |
| 5. | Klaas Arkesteijn | WVZ 1 | 24.23 | 199901897 | 23.94 |
| 6. | Olaf Achterberg | VZC | 24.26 | 199000011 | 24.38 FJ 1 |
| 7. | Bjorn Scherbeijn | The Hague Swimming (SG) 1 | 23.61 | 199600349 | 24.38 FJ 2 |
| 8. | Timo van der Ende | WVZ 1 | 24.86 | 199601979 | 24.94 |
| 9. | Jelle Nap | VZC | 25.81 | 199502875 | 25.20 |
| 10. | Joeri Scheidt | VZC | 25.18 | 199102011 | 25.65 FJ 1 |
| 11. | Jason Christos Vlasopoulos | The Hague Swimming (SG) 1 | 26.43 | 199905313 | 25.65 FJ 2 |
| 12. | Brent Günther | VZC | 25.77 | 200000447 | 25.88 |
| 13. | Jordy van Oel | WVZ 1 | 26.13 | 199802003 | 26.36 |
| 14. | Jeroen Burggraaf | VZC | 28.09 | 199000467 | 28.97 |
| AFGEM | Dave Jansen | WVZ 1 | 25.31 | 199805299 | |
| AFGEM | Noah Legerstee | WVZ 1 | 25.15 | 200003593 | |

Programmanr. 24
23/03/2019 - 15:10

Dames, 100m rugslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|-----------------------|-------------------------|---------|-----------|----------------|-------|---------|
| 1. | Chefanja Nunes | WVZ 1 | 1:03.46 | 200104750 | 1:03.10 | 30.45 | 1:03.10 |
| 2. | Leonie van Noort | WVZ 1 | 1:05.59 | 199301752 | 1:05.46 | 31.92 | 1:05.46 |
| 3. | Femke Spiering | VZC | 1:04.66 | 200204514 | 1:07.25 | 33.02 | 1:07.25 |
| 4. | Babette van der Kaaij | The Hague Swimming (SG) | 1:05.61 | 199902234 | 1:07.52 | 33.65 | 1:07.52 |
| 5. | Silke Molendijk | VZC | 1:08.21 | 200100178 | 1:08.89 | 33.48 | 1:08.89 |
| 6. | Lauren van IJll | WVZ 1 | 1:09.45 | 200001064 | 1:11.26 | 34.94 | 1:11.26 |
| 7. | Babet Kruger | VZC | 1:09.71 | 200003390 | 1:12.86 | 34.65 | 1:12.86 |
| 8. | Elinore de Jong | The Hague Swimming (SG) | 1:13.50 | 198902072 | 1:13.81 | 34.58 | 1:13.81 |
| 9. | Grace Anderson | WVZ 1 | 1:13.21 | 200200578 | 1:14.71 | 36.45 | 1:14.71 |
| 10. | Amber van de Kraats | VZC | 1:15.10 | 199900236 | 1:15.80 | 37.10 | 1:15.80 |
| 11. | Mara Tims | The Hague Swimming (SG) | 1:16.39 | 200601136 | 1:18.22 | 38.58 | 1:18.22 |
| 12. | Lisanne Seising | VZC | 1:13.46 | 200002084 | 1:18.23 | 38.70 | 1:18.23 |

Programmanr. 26
23/03/2019 - 15:25

Jongens, 100m vrije slag

Jeugd 2 en later
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|----------------------|-------------------------|--------|-----------|-------------------|-------|-------|
| 1. | Lars Verhalle | VZC | 52.41 | 200200019 | 52.47 FJ 1 | 24.95 | 52.47 |
| 2. | Quinn van den Heuvel | WVZ 1 | 52.93 | 200100297 | 52.47 FJ 2 | 25.32 | 52.47 |
| 3. | Floris de Leeuw | The Hague Swimming (SG) | 53.54 | 200105317 | 52.87 | 25.54 | 52.87 |
| 4. | Max Visser | WVZ 1 | 53.81 | 200100077 | 53.59 | 25.53 | 53.59 |
| 5. | Keanu Streefland | The Hague Swimming (SG) | 54.59 | 200302445 | 54.36 | 26.23 | 54.36 |
| 6. | Jay de Vries | The Hague Swimming (SG) | 55.79 | 200400669 | 54.39 | 26.02 | 54.39 |
| 7. | Scott Jansen | WVZ 1 | 54.82 | 200202455 | 54.84 | 26.25 | 54.84 |
| 8. | Daen Spoor | VZC | 55.03 | 200101117 | 54.96 | 25.85 | 54.96 |
| 9. | Dylano Termoshuizen | WVZ 1 | 57.49 | 200202169 | 57.14 | 26.43 | 57.14 |

Hoofdklasse competitie deel 4
Veenendaal, 23/3/2019

Programmanr. 28
23/03/2019 - 15:30

Dames, 200m rugslag

Senioren 2 en later
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|---------------------------|--------------------|----------|-----------|----------------|-------|---------|------|---------|
| 1. Aniek van de Weerd | VZC | 2:23.19 | 200404136 | 2:22.86 | 33.46 | 1:09.37 | | 2:22.86 |
| 2. Marlinde Beukers | WVZ 1 | 2:24.98 | 200101934 | 2:24.76 | 34.23 | 1:10.92 | | 2:24.76 |
| 3. Gaia Sterre Mirotti | VZC | 2:27.39 | 200305158 | 2:27.02 | 33.76 | 1:10.54 | | 2:27.02 |
| 4. Sophie de Jonge | WVZ 1 | 2:28.00 | 200200118 | 2:28.03 | 34.65 | 1:11.52 | | 2:28.03 |
| 5. Jip Veeman | The Hague Swimming | (2:32.95 | 200106100 | 2:29.82 | 33.77 | 1:10.02 | | 2:29.82 |
| 6. Megan Jonkman | The Hague Swimming | (2:33.83 | 200600508 | 2:33.89 | 36.07 | 1:15.44 | | 2:33.89 |
| 7. Eelke van Ballegooijen | VZC | 2:36.25 | 200100684 | 2:34.13 | 35.93 | 1:14.61 | | 2:34.13 |
| 8. Lynn Blommers | The Hague Swimming | (2:36.11 | 200105062 | 2:37.66 | 38.71 | 1:18.40 | | 2:37.66 |
| 9. Catharina Chulick | WVZ 1 | 2:36.06 | 200106304 | 2:37.90 | 36.56 | | | 2:37.90 |
| 10. Lotus van Geemen | VZC | 2:37.59 | 200201124 | 2:38.57 | 37.20 | 1:16.57 | | 2:38.57 |
| 11. Leonie Verkerk | VZC | 3:17.75 | 200203280 | 3:23.15 | 46.46 | 1:39.68 | | 3:23.15 |

Programmanr. 30
23/03/2019 - 15:40

Jongens, 100m schoolslag

Junioren 2 en later
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m |
|----------------------------|--------------------|-------------|-----------|----------------|-------|---------|
| 1. River Streefland | The Hague Swimming | (SG 1:12.74 | 200502253 | 1:12.50 | 34.59 | 1:12.50 |
| 2. Yanieck Frijstein | The Hague Swimming | (SG 1:15.31 | 200500329 | 1:15.89 | 36.31 | 1:15.89 |
| 3. Émile Fouzaï | The Hague Swimming | (SG 1:19.30 | 200500263 | 1:16.38 | 36.40 | 1:16.38 |
| 4. Gabriel Been | The Hague Swimming | (SG 1:14.97 | 200501467 | 1:18.86 | 36.95 | 1:18.86 |
| 5. Daan Sonneveld | WVZ 1 | 1:23.86 | 200601085 | 1:24.48 | 39.35 | 1:24.48 |
| 6. Sjoerd van der Wilt | VZC | 1:26.56 | 200501447 | 1:25.32 | 40.92 | 1:25.32 |
| 7. Tim Seising | VZC | 1:22.95 | 200500107 | 1:25.67 | 40.86 | 1:25.67 |
| 8. Lasse Schrieken | VZC | 1:31.38 | 200503145 | 1:28.51 | 41.54 | 1:28.51 |
| 9. Peer Bergman | VZC | 1:35.19 | 200503223 | 1:29.28 | 42.63 | 1:29.28 |
| 10. Floris Wassenaar | WVZ 1 | 1:31.08 | 200600649 | 1:31.70 | 42.21 | 1:31.70 |
| 11. Merlijn van der Hoeven | WVZ 1 | 1:30.89 | 200600951 | 1:34.29 | 43.95 | 1:34.29 |
| 12. Diesel Schaafsma | VZC | 1:45.44 | 200600431 | 1:45.07 | 49.75 | 1:45.07 |

Programmanr. 32
23/03/2019 - 15:45

Meisjes, 400m vrije slag

Junioren 3 en later
Resultaten

| rang naam | vereniging | intijd | tijd | RT |
|-------------------------|---------------------------|---------------|-----------|----------------|
| 1. Bridget Vermeer | VZC | 4:28.87 | 200501766 | 4:33.88 |
| 50m: 30.90 | 30.90 | 150m: 250m: | 350m: | 400m: 4:33.88 |
| 100m: 1:05.04 | 34.14 | 200m: 2:14.86 | 300m: | |
| 2. Merel Schravendijk | The Hague Swimming (SG) 1 | 4:37.88 | 200503382 | 4:36.20 |
| 50m: 31.13 | 31.13 | 150m: 250m: | 350m: | 400m: 4:36.20 |
| 100m: 1:06.20 | 35.07 | 200m: 2:17.48 | 300m: | |
| 3. Anique Hazebroek | The Hague Swimming (SG) 1 | 5:08.52 | 200502196 | 4:41.59 |
| 50m: 32.50 | 32.50 | 150m: 250m: | 350m: | 400m: 4:41.59 |
| 100m: 1:07.82 | 35.32 | 200m: 2:19.43 | 300m: | |
| 4. Elydjah van der Heul | The Hague Swimming (SG) 1 | 4:49.23 | 200602180 | 4:45.63 |
| 50m: 32.48 | 32.48 | 150m: 250m: | 350m: | 400m: 4:45.63 |
| 100m: 1:07.68 | 35.20 | 200m: 2:20.48 | 300m: | |
| 5. Jelsie van Ruijven | WVZ 1 | 5:14.50 | 200500282 | 4:46.12 |
| 50m: 32.56 | 32.56 | 150m: 250m: | 350m: | 400m: 4:46.12 |
| 100m: 1:09.78 | 37.22 | 200m: 2:25.06 | 300m: | |
| 6. Evica Klok | VZC | 4:51.00 | 200501828 | 4:47.13 |
| 50m: 31.87 | 31.87 | 150m: 250m: | 350m: | 400m: 4:47.13 |
| 100m: 1:06.89 | 35.02 | 200m: 2:19.61 | 300m: | |
| 7. Ananda van der Wiel | WVZ 1 | 5:13.74 | 200701562 | 5:06.83 |
| 50m: 34.16 | 34.16 | 150m: 250m: | 350m: | 400m: 5:06.83 |
| 100m: 1:13.61 | 39.45 | 200m: 2:32.83 | 300m: | |
| 8. Manon Kooij | VZC | 5:27.22 | 200602142 | 5:08.94 |
| 50m: 34.42 | 34.42 | 150m: 250m: | 350m: | 400m: 5:08.94 |
| 100m: 1:12.35 | 37.93 | 200m: 2:31.66 | 300m: | |
| 9. Jade van der Maas | WVZ 1 | 5:14.37 | 200600408 | 5:12.10 |
| 50m: 34.67 | 34.67 | 150m: 250m: | 350m: | 400m: 5:12.10 |
| 100m: 1:13.43 | 38.76 | 200m: 2:32.64 | 300m: | |

Hoofdklasse competitie deel 4
Veenendaal, 23/3/2019

Programmanr. 32, Meisjes, 400m vrije slag, Junioren 3 en later

| rang | naam | vereniging | intijd | tijd | RT |
|------|--|------------|---------------|-------------|----------------|
| 10. | Femke Kats | VZC | 5:30.86 | 200600646 | 5:18.23 |
| | 50m: 35.68 | 35.68 | 150m: 2:36.66 | 250m: 350m: | 5:18.23 |
| | 100m: 1:15.39 | 39.71 | 200m: 2:36.66 | 300m: 400m: | |
| 11. | Noa Ottens | VZC | 5:39.60 | 200702256 | 5:20.73 |
| | 50m: 36.69 | 36.69 | 150m: 2:38.68 | 250m: 350m: | 5:20.73 |
| | 100m: 1:17.14 | 40.45 | 200m: 2:38.68 | 300m: 400m: | |
| 12. | Rebecca van Lier | VZC | 5:30.05 | 200602612 | 5:20.80 |
| | 50m: 35.89 | 35.89 | 150m: 2:36.67 | 250m: 350m: | 5:20.80 |
| | 100m: 1:14.95 | 39.06 | 200m: 2:36.67 | 300m: 400m: | |
| 13. | Charlotte Plomp | VZC | 5:34.33 | 200701752 | 5:21.03 |
| | 50m: 36.97 | 36.97 | 150m: 2:38.55 | 250m: 350m: | 5:21.03 |
| | 100m: 1:17.17 | 40.20 | 200m: 2:38.55 | 300m: 400m: | |
| 14. | Robin Vermeer | VZC | 5:53.11 | 200701292 | 5:31.32 |
| | 50m: 37.58 | 37.58 | 150m: 2:45.52 | 250m: 350m: | 5:31.32 |
| | 100m: 1:19.89 | 42.31 | 200m: 2:45.52 | 300m: 400m: | |
| 15. | Josephine Opdam | VZC | 5:51.65 | 200602144 | 5:40.77 |
| | 50m: 37.53 | 37.53 | 150m: 2:48.27 | 250m: 350m: | 5:40.77 |
| | 100m: 1:19.49 | 41.96 | 200m: 2:48.27 | 300m: 400m: | |
| 16. | Vera van der Meer | VZC | 5:57.53 | 200701508 | 5:41.72 |
| | 50m: 38.98 | 38.98 | 150m: 2:49.08 | 250m: 350m: | 5:41.72 |
| | 100m: 1:21.49 | 42.51 | 200m: 2:49.08 | 300m: 400m: | |
| 17. | Iris Spitter | WVZ 1 | 5:32.26 | 200500278 | 5:46.58 |
| | 50m: 38.75 | 38.75 | 150m: 2:51.03 | 250m: 350m: | 5:46.58 |
| | 100m: 1:22.38 | 43.63 | 200m: 2:51.03 | 300m: 400m: | |
| DIS | Fleur Kamminga | WVZ 1 | 5:55.05 | 200701838 | |
| | <i>AF - De aangegeven afstand niet uitgezwommen.</i> | | | | |

Programmanr. 34
23/03/2019 - 16:00

Heren, 200m wisselslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|------|---|-------------------------|----------|-----------|----------------|-------|------|------|---------|
| 1. | Thomas Jansen | WVZ 1 | 2:03.55 | 200100143 | 2:03.84 | 27.29 | | | 2:03.84 |
| 2. | Jonne Schaafsma | The Hague Swimming | (2:08.73 | 199800745 | 2:07.63 | 27.34 | | | 2:07.63 |
| 3. | Sean Niewold | WVZ 1 | 2:07.88 | 200204699 | 2:10.32 | 27.67 | | | 2:10.32 |
| 4. | J. de Roy van Zuydewij | WVZ 1 | 2:11.02 | 200000255 | 2:11.73 | 28.61 | | | 2:11.73 |
| 5. | Brandon van den Berg | The Hague Swimming | (2:11.13 | 200200669 | 2:11.77 | | | | 2:11.77 |
| 6. | Jelle Nap | VZC | 2:12.60 | 199502875 | 2:11.95 | 28.93 | | | 2:11.95 |
| 7. | J. Vlasopoulos | The Hague Swimming (SG) | 1NT | 199905313 | 2:16.17 | 28.39 | | | 2:16.17 |
| 8. | Brent Günther | VZC | 2:20.73 | 200000447 | 2:17.60 | 28.44 | | | 2:17.60 |
| 9. | Jasper Breugem | WVZ 1 | 2:13.51 | 200000303 | 2:18.19 | 29.11 | | | 2:18.19 |
| 10. | Joeri Scheidt | VZC | 2:20.30 | 199102011 | 2:19.42 | 29.82 | | | 2:19.42 |
| 11. | Olaf Achterberg | VZC | 2:23.00 | 199000011 | 2:19.55 | 29.23 | | | 2:19.55 |
| 12. | Nordin Termoshuizen | WVZ 1 | 2:20.19 | 199605401 | 2:22.66 | 30.69 | | | 2:22.66 |
| 13. | Jeroen Burggraaf | VZC | 2:37.32 | 199000467 | 2:32.53 | 32.07 | | | 2:32.53 |
| DIS | Freek Hollander | The Hague Swimming | (2:17.13 | 200103815 | | | | | |
| | <i>SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.</i> | | | | | | | | |

Programmanr. 35
23/03/2019 - 16:10

Dames, 200m vlinderslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|------|------------------|--------------------|----------|-----------|----------------|-------|---------|------|---------|
| 1. | Femke Spiering | VZC | 2:12.62 | 200204514 | 2:17.56 | 31.98 | 1:07.30 | | 2:17.56 |
| 2. | Silke Molendijk | VZC | 2:16.65 | 200100178 | 2:18.60 | 31.32 | 1:06.30 | | 2:18.60 |
| 3. | Leonie van Noort | WVZ 1 | 2:22.64 | 199301752 | 2:23.00 | 31.12 | 1:07.34 | | 2:23.00 |
| 4. | Chefanja Nunes | WVZ 1 | 2:20.49 | 200104750 | 2:23.12 | 32.14 | 1:09.27 | | 2:23.12 |
| 5. | Elinore de Jong | The Hague Swimming | (2:14.32 | 198902072 | 2:25.45 | 30.54 | 1:07.83 | | 2:25.45 |
| 6. | Inge Vieveen | WVZ 1 | 2:29.09 | 200100024 | 2:28.72 | 31.84 | 1:09.44 | | 2:28.72 |
| 7. | Rinske Bouman | The Hague Swimming | (2:31.73 | 200400578 | 2:35.35 | 33.00 | 1:12.51 | | 2:35.35 |
| 8. | Mara Tims | The Hague Swimming | (2:33.60 | 200601136 | 2:41.92 | 34.95 | 1:15.76 | | 2:41.92 |
| 9. | Lisanne Seising | VZC | 2:49.20 | 200002084 | 2:53.66 | 34.63 | 1:17.47 | | 2:53.66 |

Hoofdklasse competitie deel 4
Veenendaal, 23/3/2019

Programmanr. 36
23/03/2019 - 16:15

Jongens, 50m vlinderslag

Minioren 6 en later
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|--|----------------------|------------|--------|-----------|----------------|
| 1. | Obed Molenaar | VZC | 40.68 | 200800823 | 40.21 |
| 2. | Pelle Schrieken | VZC | 57.52 | 200801595 | 52.29 |
| 3. | Bas Mostert | VZC | 52.65 | 200800629 | 54.34 |
| 4. | Stefan van der Meer | VZC | 56.00 | 200901361 | 1:03.65 |
| DIS | Benjamin Crljenkovic | VZC | NT | 200900393 | |
| <i>VD - Schoolslagbenen gezwommen of andere stuwende beweging in het horizontale vlak.</i> | | | | | |
| DIS | David Lammers | VZC | NT | 200900109 | |
| <i>VB - Beide armen niet gelijktijdig naar voren en/of gelijktijdig achterwaarts gebracht.</i> | | | | | |
| DIS | Rijk Leenders | VZC | 45.63 | 200800627 | |
| <i>AA - Gestart voor het startsignaal (en wel gezwommen)., AA - VB</i> | | | | | |
| AFGEM | Bart Stuivenberg | VZC | 54.98 | 200801051 | |

Programmanr. 37
23/03/2019 - 16:15

Meisjes, 100m vrije slag

Junioren 1 en later
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|----------------|------------|---------|-----------|----------------|-------|---------|
| 1. | Elin Ditewig | VZC | 1:22.01 | 200900392 | 1:20.80 | 39.20 | 1:20.80 |
| 2. | Maud Smit | VZC | 1:32.27 | 200800788 | 1:30.73 | 44.42 | 1:30.73 |
| 3. | Lia Schrauwers | VZC | 1:45.75 | 200802890 | 1:39.06 | 47.58 | 1:39.06 |

Programmanr. 39
23/03/2019 - 16:20

Jongens, 200m schoolslag

Junioren 4 en later
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|-------|-------------------|--------------------|--------------------|----------------|----|-------|---------|------|---------|
| 1. | Milan Hamel | The Hague Swimming | (2:32.71 200302125 | 2:32.77 | | 34.82 | 1:14.37 | | 2:32.77 |
| 2. | Michael Smink | The Hague Swimming | (2:36.99 200302169 | 2:33.92 | | 35.04 | 1:15.23 | | 2:33.92 |
| 3. | Timo Kock | The Hague Swimming | (2:44.36 200400387 | 2:38.57 | | 34.26 | 1:14.98 | | 2:38.57 |
| 4. | Pepijn van Egmond | WVZ 1 | 2:58.91 200402309 | 2:53.11 | | 38.86 | 1:22.99 | | 2:53.11 |
| 5. | Sam van der Drift | VZC | 2:55.54 200301485 | 3:01.77 | | 39.50 | 1:25.72 | | 3:01.77 |
| 6. | Tim Seising | VZC | 3:01.28 200500107 | 3:08.18 | | 42.56 | 1:30.53 | | 3:08.18 |
| AFGEM | Anthony Kraag | WVZ 1 | 2:56.63 200401973 | | | | | | |

Programmanr. 41
23/03/2019 - 16:25

Meisjes, 100m rugslag

Jeugd 2 en later
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|-------|----------------------|------------------------|-------------------|----------------|----------------|-------|---------|
| 1. | Josse Bergman | VZC | 1:04.59 | 200305146 | 1:04.79 | 31.56 | 1:04.79 |
| 2. | Aniek van de Weerd | VZC | 1:06.16 | 200404136 | 1:06.84 | 32.28 | 1:06.84 |
| 3. | Femke Hoppenbrouwer | The Hague Swimming (SG | 1:04.61 200301124 | 1:06.98 | | 32.20 | 1:06.98 |
| 4. | Kirsten Verhalle | VZC | 1:08.45 | 200400210 | 1:09.19 | 33.92 | 1:09.19 |
| 5. | Anne-Fleur Opdam | VZC | 1:08.97 | 200301612 | 1:10.59 | 34.49 | 1:10.59 |
| 6. | Leonoor van Dijk | The Hague Swimming (SG | 1:15.11 200400832 | 1:12.41 | | 34.65 | 1:12.41 |
| 7. | Niké Telkamp | The Hague Swimming (SG | 1:11.97 200501088 | 1:12.51 | | 34.88 | 1:12.51 |
| 8. | Irma van der Wulp | WVZ 1 | 1:13.64 | 200401950 | 1:14.08 | 36.06 | 1:14.08 |
| 9. | Eline van der Meer | VZC | 1:15.67 | 200405014 | 1:14.89 | 36.39 | 1:14.89 |
| 10. | Kelly Patricia | VZC | 1:16.59 | 200402818 | 1:17.78 | 37.43 | 1:17.78 |
| 11. | Melanie Marinus-Cruz | WVZ 1 | 1:21.50 | 200404702 | 1:19.70 | 38.60 | 1:19.70 |
| 12. | Feija de Bruin | WVZ 1 | 1:21.46 | 200400106 | 1:20.99 | 39.74 | 1:20.99 |
| AFGEM | Jade Geurts | WVZ 1 | 1:18.98 | 200402278 | | | |
| BM | Maaïke Issard | VZC | 1:06.06 | 200300022 | 1:06.46 | 32.91 | 1:06.46 |
| BM | Tess Panjer | VZC | 1:19.17 | 200403060 | 1:16.05 | 37.28 | 1:16.05 |

Hoofdklasse competitie deel 4
Veenendaal, 23/3/2019

Programmanr. 43
23/03/2019 - 16:30

Gemengd, 8 x 50m vrije slag
(1j, 1m, 1j, 1m, 1j, 1m, 1j, 1m)

11 jaar en ouder
Resultaten

| rang | vereniging | intijd | tijd | RT |
|------|---------------------------|---------------------------|-----------------------|---------------------|
| 1. | The Hague Swimming (SG) 1 | The Hague Swimming (SG) 1 | 3:25.14 | 3:27.51 |
| | Gabriel Been 05 | 27.58 | Brandon van den Berg | 02 |
| | Anique Hazebroek 05 | | Lynn Blommers | 01 |
| | Michael Smink 03 | | Jeroen Baars | 92 |
| | Femke Hoppenbrouwer 03 | | Elinore de Jong | 89 |
| 2. | VZC 1 | VZC | 3:33.06 | 3:29.90 |
| | Sjoerd van der Wilt 05 | 29.37 | Lars Verhale | 02 |
| | Bridget Vermeer 05 | | Femke Spiering | 02 |
| | Bram Schaafsma 03 | | Olaf Achterberg | 90 |
| | Gaia Sterre Mirotti 03 | | Silke Molendijk | 01 |
| 3. | WVZ 1 | WVZ 1 | 3:32.49 | 3:31.17 FJ 1 |
| | Daan Sonneveld 06 | 27.82 | Sean Niewold | 02 |
| | Jelsie van Ruijven 05 | | Sophie de Jonge | 02 |
| | Anthony Kraag 04 | | Quinn van den Heuvel | 01 |
| | Irma van der Wulp 04 | | Chefanja Nunes | 01 |
| 4. | The Hague Swimming (SG) 2 | The Hague Swimming (SG) 1 | 3:36.30 | 3:31.17 FJ 2 |
| | River Streefland 05 | 27.66 | Keanu Streefland | 03 |
| | Elydjah van der Heul 06 | | Rinske Bouman | 04 |
| | Jay de Vries 04 | | Thomas Verhoeven | 97 |
| | Leonoor van Dijk 04 | | Babette van der Kaaij | 99 |
| 5. | WVZ 2 | WVZ 1 | 3:44.12 | 3:41.99 |
| | Floris Wassenaar 06 | 31.64 | Thomas Jansen | 01 |
| | Ananda van der Wiel 07 | | Inge Vieveen | 01 |
| | Pepijn van Egmond 04 | | Klaas Arkesteijn | 99 |
| | Jade van der Maas 06 | | Marlinde Beukers | 01 |
| 6. | VZC 2 | VZC | 3:40.78 | 3:42.54 |
| | Lasse Schrieken 05 | 30.43 | Daen Spoor | 01 |
| | Evica Klok 05 | | Josse Bergman | 03 |
| | Sam van der Drift 03 | | Jelle Nap | 95 |
| | Kirsten Verhale 04 | | Babet Kruger | 00 |